

Dance in Motion Academy
Timetable Commencing Wednesday 3rd Sept 2025

Mondays

4.00-4.30pm	Inter Lyrical	Studio 1
4.30-5.00pm	Junior/ Inter Kicks, Leaps, Turns & Conditioning	Studio 1
5.00-5.30pm	Junior Lyrical	Studio 2
5.00-5.45pm	Inter Street/ Hip Hop	Studio 4
5.00-5.45pm	Senior B Lyrical/ Contemporary	Studio 3
5.30-6.00pm	Junior Pom	Studio 2
5.45-6.15pm	U14 Blaze Hip Hop Competition Team	Studio 4
6.00-6.45pm	CA2/ Advanced 1 Ballet	Studio 1
6.15-7.00pm	Senior B Street/ Commercial	Studio 4
6.45-7.00pm	Advanced Pointe	Studio 1
7.15-8.00pm	Open Street/ Commercial 16yrs+ (Experienced dancers)	Studio 1
7.00-7.45pm	Inter Foundation/ CA1 Ballet	Studio 4
7.45-8.30pm	Intermediate Ballet (Level 2)	Studio 4
8.00-8.30pm	U18 Inferno Hip Hop Competition Team	Studio 1

Tuesdays

4.00-4.30pm	Mini Street/ Hip Hop	Studio 1
4.00-4.30pm	Junior Street/ Hip Hop	Studio 4
4.30-5.15pm	Grade 3 Contemporary	Studio 2
4.45-5.15pm	Inter Lyrical	Studio 4
4.45-5.15pm	Junior Lyrical	Studio 1
5.15-5.45pm	Senior A/B Kicks, Leaps, Turns and Conditioning	Studio 4
5.15-5.45pm	Junior Pom	Studio 3
5.15-5.45pm	Grade 2 Tap	Studio 1
5.15-5.45pm	Grade 2 Contemporary	Studio 2
5.45-6.30pm	Inter Street/Hip Hop	Studio 3
5.45-6.30pm	Inter Pom	Studio 1
5.45-6.15pm	U14 Illuminate Pom Competitive Team	Studio 4
6.15-6.45pm	U14 Illuminate Lyrical/ Jazz Competitive Team	Studio 4
6.30-7.15pm	Senior Pom	Studio 1
6.45-7.15pm	Grade 3 Tap	Studio 2
6.45-7.30pm	Intermediate Ballet (Level 2)	Studio 4
6.45-7.30pm	Intermediate Ballet (Level 1)	Studio 3
7.15-8.00pm	Senior /Adult - Open Tap 16yrs+ (Beginners)	Studio 2
7.15-8.00pm	Senior/ Adult - Open Lyrical Jazz 16yrs+ (3yrs+ prev experience)	Studio 1
7.30-7.45pm	Pointe Work Level 1	Studio 4
7.45-8.00pm	Pointe Work Level 2	Studio 4

8.00-8.45pm	Senior /Adult - Open Tap 16yrs+ (3yrs + previous experience)	Studio 2
8.00-8.45pm	Senior/Adult - Open Street Hip Hop 16yrs+ (Beginners)	Studio 1
8.00-8.30pm	Private lesson	Studio 3
8.00-8.45pm	Advanced 1/ CA2 Ballet	Studio 4

Wednesdays

4.00-4.30pm	Pre-Primary Ballet	Studio 2
4.00-4.45pm	Grade 1 Ballet	Studio 4
4.00-4.45pm	Grade 2 Acro/ Gymnastic Dance	Studio 1
4.35-5.05pm	Mini Acro/ Gymnastic Dance	Studio 2
4.35-5.05pm	Mini Street/ Hip Hop	Studio 3
4.45-5.30pm	Grade 2 Ballet	Studio 4
4.45-5.30pm	Grade 1 Acro / Gymnastic Dance	Studio 1
5.10-5.40pm	Primary Ballet	Studio 2
5.10-5.40pm	Junior Pom	Studio 3
5.30-6.15pm	Grade 3 Ballet	Studio 4
5.30-6.15pm	Grade 5 Acro	Studio 1
5.45-6.15pm	Junior Street/ Hip Hop	Studio 3
5.45-6.15pm	Grade 4 Contemporary	Studio 2
6.15-6.45pm	Grade 3 Contemporary	Studio 3
6.15-7.00pm	Grade 4 Ballet	Studio 2
6.15-7.00pm	Grade 5 Ballet	Studio 4
6.15-7.00pm	Grade 3/4 Acro/ Gymnastic Dance	Studio 1
6.45-7.15pm	Private Lesson	Studio 3
7.00-7.45pm	Intermediate Acro	Studio 1
7.15-7.45pm	Private Lesson	Studio 3
7.45-8.30pm	Senior/ Adult - Open Ballet 16yrs+ (3yrs+ previous experience)	Studio 4
7.45-8.30pm	Grade 6 Contemporary	Studio 1

Thursdays

10.00-10.30am	Ballet Totz	Studio 1
10.35-11.05am	Gym Totz	Studio 1
11.10-11.40am	Pre-School Ballet	Studio 1
11.15-12.00pm	Adult - Open Ballet (Beginners)	Studio 4
4.00-4.30pm	Primary Ballet	Studio 2
4.00-4.30pm	Pre-Primary Ballet	Studio 3
4.30-5.00pm	Grade 1 Tap	Studio 2
4.30-5.00pm	Mini Musical theatre	Studio 3
4.45-5.15pm	Mini Acro/ Gymnastic Dance	Studio 4
5.00-5.30pm	Grade 1 Musical Theatre	Studio 2
5.00-5.45pm	Intermediate Ballet (Level 1)	Studio 3
5.00-5.45pm	Inter Foundation/ CA1 Ballet	Studio 1

5.15-6.00pm	Grade 1 Acro/ Gymnastic Dance	Studio 4
5.30-6.15pm	Grade 2 Musical Theatre	Studio 2
5.45-6.00pm	Pointe Work Level 1	Studio 3
5.45-6.00pm	Pointe Work Level 2	Studio 1
6.00-6.45pm	Grade 2 Acro/ Gymnastic Dance	Studio 4
6.15-7.00pm	Grade 3 Musical Theatre	Studio 2
6.30-7.15pm	Adult Masters Ignite Pom Competitive Team (Open to all 18yrs+)	Studio 1
6.45-7.30pm	Advanced 1 Acro/ Gymnastic Dance	Studio 4
7.00-7.45pm	Grade 4 Musical Theatre	Studio 2
7.15-8.00pm	Adult Masters Ignite Jazz Competitive Team (Open to all 18yrs+)	Studio 1
7.30-8.00pm	Senior A/ B Kicks, Leaps, Turns and Conditioning	Studio 4
7.45-8.30pm	Grade 4/5 Musical Theatre	Studio 2
8.00-8.30pm	U18 Radiance Lyrical/ Jazz Competition Team	Studio 1
8.30-9.00pm	U18 Radiance Pom Team	Studio 1

Fridays		
10.00-10.30am	Ballet Totz	Studio 1
10.35-11.05am	Gym Totz	Studio 1
11.10-11.40am	Pre-School Ballet	Studio 1
4.00-4.45pm	Grade 1/2 Acro	Studio 4
4.15-5.00pm	Advanced 1/ CA2 Ballet	Studio 1
4.30-5.00pm	Grade 5 Tap	Studio 2
5.00-5.30pm	Private lesson	studio 2
5.00-5.45pm	Intermediate Contemporary	Studio 4
5.00-5.45pm	Worlds Training Illumination Team	Studio 1
5.30-6.00pm	Private lesson	Studio 2
5.45-6.30pm	Senior A/B Lyrical/ Jazz	Studio 4
5.45-6.30pm	Worlds Training Supernova Team	Studio 1
6.00-7.30pm	Sparkle Theatre Company (previously Spotlight)	Studio 1/2

Saturdays		
8.25-8.55am	Ballet Totz	Studio 2
9.00-9.30am	Ballet Totz	Studio 2
9.00-9.30am	Pre-School Ballet	Studio 1
9.00-9.30am	Pre-Primary Ballet	Studio 4
9.35-10.05am	Gym Totz	Studio 2
9.35-10.05am	Gym Totz	Studio 1
9.35-10.05am	Mini Acro/ Gymnastic Dance	Studio 4
9.35-10.05am	Mini Acro/ Gymnastic Dance	Studio 3
10.10-10.40am	Mini Street/ Hip Hop	Studio 3
10.10-10.40am	Junior Street/ Hip Hop	Studio 4
10.10 -10.40am	Primary Ballet	Studio 1

10.10-10.40am	Grade 1 Musical Theatre	Studio 2
10.45-11.15am	Mini Musical Theatre	Studio 2
10.45-11.30am	Grade 1 Ballet	Studio 1
10.45-11.30am	Grade 2 Acro/ Gymnastic Dance	Studio 4
11.30-12.00pm	Grade 1 Tap	Studio 2
11.35-12.20pm	Grade 1 Acro/ Gymnastic Dance	Studio 4
11.35-12.20pm	Grade 2 Ballet	Studio 1
12.00-12.30pm	Grade 2 Tap	Studio 2
12.30-1.00pm	U10 Stardust Lyrical/ Jazz Competitive Team	Studio 1
12.30-1.00pm	U12 Starlight Pom Competitive Team	Studio 4
1.00-1.30pm	U10 Stardust Pom Competitive Team	Studio 4
1.00-1.30pm	U12 Starlight Lyrical/ Jazz Competitive Team	Studio 1
1.30-2.00pm	Inter Kicks, Leaps, Turns and Conditioning	Studio 1
1.30-2.00pm	Junior Kicks, Leaps, Turns and Conditioning	Studio 4
2.00-2.45pm	Grade 4 Ballet	Studio 1
2.00-2.45pm	Grade 3 Ballet	Studio 3
2.15-2.45pm	Grade 4 Tap	Studio 2
2.45-3.30pm	Grade 3 Acro/ Gymnastic Dance	Studio 4
2.45-3.30pm	Grade 5 Ballet	Studio 2
2.45-3.30pm	CA1/ Intermediate Ballet	Studio 1
3.30-4.15pm	Grade 4 Acro/ Gymnastic Dance	Studio 4
3.30-3.45pm	Pointe Work Level 1	Studio 1

Sundays		
10.00am-12.00pm	MONTHLY Advanced/ experienced dancers Open Classes	Studio 1